

R Flowers

North Garden, VA

Albemarle County



Grows: Herbs & Cut Flowers

At the City Market: April—October

Acreage: 4 acres with 2 cultivated and a greenhouse.

Growing Practices: We grow from seeds and plugs.

Lou Reck was born and raised in Western Pennsylvania. He taught High school for 25 years in Prince George's County Maryland. During that period of time, he was an Athletic Director and Head Soccer Coach and taught in a talented and gifted Program. Lou also taught and developed the Academy of Finance Program at Largo High School in Maryland.

Lou retired in 1999 and due to his love of gardening he began R Flowers in 2000. He is currently running R Flowers with his wife Pam. Pam is a nurse at the University of Virginia. Lou & Pam have been married for 22 years. Pam does all the floral arrangements.

Charlottesville City Market

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